

# November 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Birthdays</b> 11/8 - Barry Schmidt	(PC) indicates the activity is hosted on Personal Care side of the facility, all other activities are in Memory Care.	RSVP for Family Night with the flyer's QR code or front desk at (502)499-5533.	<b>1</b> 9:30 Daily Chronicle 10:00 Morning Stretches 10:30 Whiteboard Games 11:00 Set Table for Lunch 12:00 Rest & Relaxation 1:00 Balloon Volleyball 4:00 Set Table for Dinner 5:30 Hand Massages	<b>2</b> 9:30 Daily Chronicle 10:00 Weight Training 10:30 Kickball 11:00 Set Table for Lunch 12:00 Rest & Relaxation 1:00 Nails & Tales (PC) 3:00 BINGO (PC) 4:00 Set Table for Dinner	<b>3</b> 9:30 Daily Chronicle 10:00 Stretch & Tone (PC) 10:30 Coffee & Treats (PC) 11:00 Set Table for Lunch 12:00 Rest & Relaxation 1:00 Arts & Crafts 3:00 Happy Hour (PC) 4:00 Set Table for Dinner	<b>4</b> 9:30 Daily Chronicle 10:15 Puzzles & Coloring 11:00 Set Table for Lunch 3:30 Hand Massages 4:00 Set Table for Dinner 6:00 Evening Movie (PC)
<b>5 Daylight Saving Ends</b> 9:30 Daily Chronicle 10:30 Televised Church 11:00 Set Table for Lunch 12:00 Rest & Relaxation 1:30 Afternoon Stretches 4:00 Set Table for Dinner	<b>6</b> 9:30 Daily Chronicle 10:00 Scenic Bus Ride 11:00 Set Table for Lunch 12:00 Rest & Relaxation 1:00 Gym Exercises 4:00 Set Table for Dinner 5:30 BINGO	<b>7 Election Day</b> 9:30 Daily Chronicle 10:00 Seated Legs & Core 10:30 Trivia Challenge 11:00 Set Table for Lunch 12:00 Rest & Relaxation 2:00 Music w/ Mike Boughey 4:00 Set Table for Dinner	<b>8</b> 9:30 Daily Chronicle 10:00 Morning Stretches 10:30 Whiteboard Games 11:00 Set Table for Lunch 12:00 Rest & Relaxation 1:00 Balloon Volleyball 4:00 Set Table for Dinner 5:30 Hand Massages 6:00 Thanksgiving Family Night (PC)	<b>9</b> 9:30 Daily Chronicle 10:00 Weight Training 10:30 Rocket Launch 11:00 Set Table for Lunch 12:00 Rest & Relaxation 1:45 Bernie the Piano Man (PC) 3:00 BINGO (PC) 4:00 Set Table for Dinner	<b>10</b> 9:30 Daily Chronicle 10:00 Stretch & Tone (PC) 10:30 Coffee & Treats (PC) 11:00 Set Table for Lunch 12:00 Rest & Relaxation 1:00 Arts & Crafts 3:00 Happy Hour (PC) 4:00 Set Table for Dinner	<b>11 Veterans Day</b> 9:30 Daily Chronicle 10:15 Puzzles & Coloring 11:00 Set Table for Lunch 12:00 Rest & Relaxation 3:30 Hand Massages 4:00 Set Table for Dinner 6:00 Evening Movie (PC)
<b>12</b> 9:30 Daily Chronicle 10:30 Televised Church 11:00 Set Table for Lunch 12:00 Rest & Relaxation 1:30 Afternoon Stretches 4:00 Set Table for Dinner	<b>13</b> 9:30 Daily Chronicle 10:00 Scenic Bus Ride 11:00 Set Table for Lunch 12:00 Rest & Relaxation 1:00 Gym Exercises 4:00 Set Table for Dinner 5:30 BINGO	<b>14</b> 9:30 Daily Chronicle 10:00 Seated Legs & Core 10:30 Jeopardy! 11:00 Set Table for Lunch 12:00 Rest & Relaxation 1:00 Craft w/ Ashlyn (PC) 4:00 Set Table for Dinner	<b>15</b> 9:30 Daily Chronicle 10:00 Morning Stretches 10:30 Whiteboard Games 11:00 Set Table for Lunch 12:00 Rest & Relaxation 2:00 Craft w/ 4th Graders (PC) 4:00 Set Table for Dinner 5:30 Hand Massages	<b>16</b> 9:30 Daily Chronicle 10:00 Weight Training 10:30 Kickball 11:00 Set Table for Lunch 12:00 Rest & Relaxation 1:00 Nails & Tales (PC) 3:00 BINGO (PC) 4:00 Set Table for Dinner	<b>17</b> 9:30 Daily Chronicle 10:00 Scripture Reading with Barbara 10:30 Coffee & Treats (PC) 11:00 Set Table for Lunch 12:00 Rest & Relaxation 1:00 Arts & Crafts 3:00 Happy Hour (PC) 4:00 Set Table for Dinner	<b>18</b> 9:30 Daily Chronicle 10:15 Puzzles & Coloring 11:00 Set Table for Lunch 12:00 Rest & Relaxation 2:00 Music w/ the Quires (PC) 3:30 Hand Massages 4:00 Set Table for Dinner 6:00 Evening Movie (PC)

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>19</b> <b>9:30</b> Daily Chronicle <b>10:30</b> Televised Church <b>11:00</b> Set Table for Lunch <b>12:00</b> Rest & Relaxation <b>1:30</b> Afternoon Stretches <b>4:00</b> Set Table for Dinner	<b>20</b> <b>9:30</b> Daily Chronicle <b>10:00</b> Scenic Bus Ride <b>11:00</b> Set Table for Lunch <b>12:00</b> Rest & Relaxation <b>1:00</b> Gym Exercises <b>2:30</b> Manicure Monday <b>4:00</b> Set Table for Dinner <b>5:30</b> BINGO	<b>21</b> <b>9:30</b> Daily Chronicle <b>10:00</b> Seated Legs & Core <b>10:30</b> Trivia Challenge <b>11:00</b> Set Table for Lunch <b>12:00</b> Rest & Relaxation <b>3:00</b> Facials w/ Denise <b>4:00</b> Set Table for Dinner	<b>22</b> <b>9:30</b> Daily Chronicle <b>10:00</b> Morning Stretches <b>10:30</b> Whiteboard Games <b>11:00</b> Set Table for Lunch <b>12:00</b> Rest & Relaxation <b>1:00</b> Balloon Volleyball <b>4:00</b> Set Table for Dinner <b>5:30</b> Hand Massages	<b>23</b> Thanksgiving <b>9:30</b> Daily Chronicle <b>10:00</b> Weight Training <b>10:30</b> Rocket Launch <b>11:00</b> Set Table for Lunch <b>12:00</b> Rest & Relaxation <b>1:00</b> Nails & Tales (PC) <b>3:00</b> BINGO (PC) <b>4:00</b> Set Table for Dinner	<b>24</b> <b>9:30</b> Daily Chronicle <b>10:00</b> Stretch & Tone (PC) <b>10:30</b> Coffee & Treats (PC) <b>11:00</b> Set Table for Lunch <b>12:00</b> Rest & Relaxation <b>1:00</b> Arts & Crafts <b>3:00</b> Happy Hour (PC) <b>4:00</b> Set Table for Dinner	<b>25</b> <b>9:30</b> Daily Chronicle <b>10:15</b> Puzzles & Coloring <b>11:00</b> Set Table for Lunch <b>12:00</b> Rest & Relaxation <b>3:30</b> Hand Massages <b>4:00</b> Set Table for Dinner <b>6:00</b> Evening Movie (PC)
<b>26</b> <b>9:30</b> Daily Chronicle <b>10:30</b> Televised Church <b>11:00</b> Set Table for Lunch <b>12:00</b> Rest & Relaxation <b>1:30</b> Afternoon Stretches <b>4:00</b> Set Table for Dinner	<b>27</b> <b>9:30</b> Daily Chronicle <b>10:00</b> Scenic Bus Ride <b>11:00</b> Set Table for Lunch <b>12:00</b> Rest & Relaxation <b>1:00</b> Gym Exercises <b>4:00</b> Set Table for Dinner <b>5:30</b> BINGO	<b>28</b> <b>9:30</b> Daily Chronicle <b>10:00</b> Seated Legs & Core <b>10:30</b> Jeopardy! <b>11:00</b> Set Table for Lunch <b>12:00</b> Rest & Relaxation <b>1:00</b> Birthday Party w/ Mike Boughey (PC) <b>4:00</b> Set Table for Dinner	<b>29</b> <b>9:30</b> Daily Chronicle <b>10:00</b> Morning Stretches <b>10:30</b> Whiteboard Games <b>11:00</b> Set Table for Lunch <b>12:00</b> Rest & Relaxation <b>1:00</b> Balloon Volleyball <b>4:00</b> Set Table for Dinner <b>5:30</b> Hand Massages	<b>30</b> <b>9:30</b> Daily Chronicle <b>10:00</b> Weight Training <b>10:30</b> Kickball <b>11:00</b> Set Table for Lunch <b>12:00</b> Rest & Relaxation <b>1:00</b> Nails & Tales (PC) <b>3:00</b> BINGO (PC) <b>4:00</b> Set Table for Dinner		